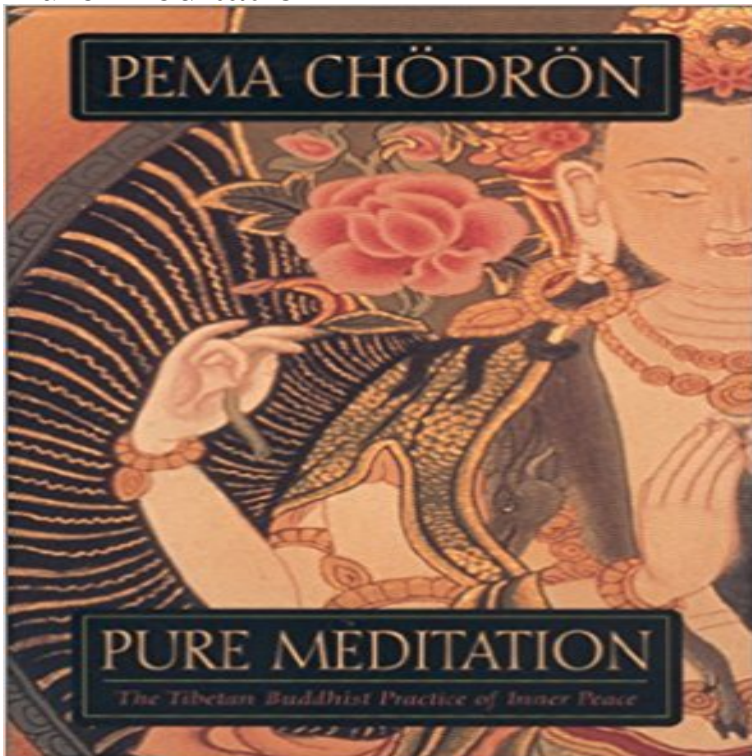


Pure Meditation



Tibetan Buddhists regard shamatha/vipashyana (peaceful dwelling/insight) as both the fundamental and the most advanced spiritual practice of all. Pema Chödrön takes you through each step of this timeless and elegant meditative form that illuminates and purifies the obstacles to spiritual realization. Pure Meditation is a definitive guide to the authentic Tibetan Buddhist meditation that has brought its practitioners relaxation, peace of mind, and deeper awareness for hundreds of years.

We've started our countdown to National Handbag Day on October 10, and that means we'll have special features for you every day, right up to the big event! Today, we're here to talk about the intersection of celebrity and accessories, and more specifically, how the two can become intertwined in public consciousness for years. The kinds of stars who carry a particular bag do a lot to shape the market's perception of it and the designer who created it, which is why so many brands give out free bags to stars now: they're hoping to create positive associations. In the cases you see below, though, things came along a little bit more naturally. You can't rush love, after all. Think of a bag-celeb duo we missed? Let us know in the comments!

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